

## 6. PAY PER EMPLOYEE PER YEAR

**At S\$30 per employee per year**

*GST NOT INCLUDED*

RECOMMENDED FOR COMPANIES WITH MORE THAN 1000  
EMPLOYEES



### **Workplace Wellness and Resilience Course**

6 online modules

30 individuals  
e-learning accounts

Click [here](#) for details

Repeated  
screening to  
groups during the  
1-year validity  
period



### **In-person or Webinar Training**

10 one-hour sessions  
Click [here](#) to view topics

Topics chosen to address  
specific needs

In-person  
sessions can be  
conducted at  
company  
workplace site



### **Helpline**

Confidentiality

9 – 6pm on weekdays  
9 – 12pm on Saturdays

A counsellor will  
call back within  
24 work hours for  
urgent cases



### **Confidential Counselling**

4 one-hour sessions per  
employee\*

Multi-language options

Quarterly reports

\* for up to 2% response  
rate

In-person or  
virtual sessions  
with [Promises  
Healthcare](#)  
professional staff



### **Critical Incident**

Onsite critical incident group sessions (within 24 hours)

4 hours of crisis management within 1 year

2 counsellors / psychologists will be deployed

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### **Email Enquiry Service**

Dedicated email enquiry service

Qualified counsellor or psychologist will respond within 3 working days

Basic information and clarifications on Mental Health issues